

Daily *Declarations*

FOR HER DETERMINED SOUL

DAILY DECLARATIONS

Faith, Family, Fitness, and Finances

By Shanaé Cartwright

Daily Declarations:
Faith, Family, Fitness, and Finances

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Dedication

*This book of declarations is dedicated to anyone who has decided to employ words of healing and expectation for your life. Allow these words to fuel your faith and extinguish all self-doubt. **Speak Life** in your own life.*

- Shanaé Cartwright

Note: All scripture referenced is taken from the King James Version (KJV) unless otherwise specified.

Contents

Dedication	I
1 The Charge: "Rise & Eat"	1
2 Today is the Day: Declare	3
3 Declarations of Faith: Feed Your Faith	5
4 Declarations for Finances & Wealth	9
5 Declarations for Family	13
6 Declarations for Fitness	15

BONUS Declarations for Business

Meet the Author



The Charge

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The Charge: "Rise & Eat"

"And the Angel of the Lord told Elijah to ARISE AND EAT!"
(I Kings 19:7 KJV)

Elijah was at the point where he wanted to END IT ALL. His very life was being threatened as a result of his obedience to God. But God sent **word** through an angel,

"GET UP AND EAT."

When we are depressed and feel defeated, we don't want to do anything. We find ourselves hopeless.

BUT today, we **declare** over OUR LIVES, "THIS IS NOT WHERE IT ENDS." "RISE AND EAT" means YOU ARE STILL MOBILE, moving, active - filled with purpose. If you are STILL moving, YOU NEED nourishment for your journey!

Continue in obedience and trust in God's faithfulness over your life.

Allow the following declarations to fuel you. If you find a certain declaration that speaks to your core, stay there and process how the words move you.

"Rise and Eat..."

I KINGS 19:7



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The Charge: "Start Speaking!"

DAILY DECLARATIONS

A **declaration** is a formal announcement. But unlike other statements a declaration is bold, it's outrageous and written with assurance or spoken with a matter-of-fact kind of confidence.

That's what this book is intended to do, provide you with statements to speak courageously over and in your life. These are statements that may not be true in the natural realm, yet, but you believe it to be so. The declarations in this book cover four major areas of life: *faith, finances, family, and health [or fitness]*.

When I started speaking these declarations in my life I spoke them from a place of discouragement because I didn't visually see all of what I was actually speaking at that moment. But soon I believed every word was true. As I spoke them aloud daily my spirit began to shift to a greater place of hope for my life. I began to solidly stand on the words found in Proverbs 18:21; Prov. 23:7a; and Mark 9:23 - which helped birth this book.

I am confident that God has placed great desires within us. Desires that will elevate our lives and in turn magnify God's Glory. I dare you to speak these declarations over your life. Speak out loud daily with boldness. Start **speaking** & repeat them every day.

Today is the Day

DAILY DECLARATIONS

1. Today is the day that I extend and expand to my fullest potential.
2. My mind is elevated beyond a lackluster lens.
3. Shrinking back does not serve me; therefore, I will, I must, lean into all that this day will present.
4. I am a champion and I face every character-building opportunity.
5. I carry my gifts and talents with sure confidence, like David.
6. Like the boldness and humble strength of Queen Esther, I stand in my God-given authority by faith to lead, serve and honor my God and my people.
7. This day will be the best day of my life.
8. I WIN. I WIN. I WIN. I WIN. I WIN. I WIN!!!
9. Nothing is impossible. Nothing WILL STOP ME!!

Today is the Day

DAILY DECLARATIONS

10. RISE AND EAT _____ (insert your name).

11. ALL THINGS ARE POSSIBLE TO THOSE WHO BELIEVE. I
Declare I WIN!

12. I am a World Changer. I am a Life leader.
Good things are happening for me, in me, AND around me.

13. I am the HEAD and not the tail, above and NOT beneath.
"I can do ALL THINGS through Christ which strengtheneth me."
Philippians 4:13 KJV

14. "No Weapon formed against [me] shall prosper." Isaiah 54:17
(New King James Version)

15. I WIN. I WIN. I WIN. I WIN. I WIN. I WIN!!!

16. Nothing Is impossible. Nothing WILL STOP ME!!
ALL THINGS ARE POSSIBLE TO THOSE WHO BELIEVE.



Feed Your Faith

Feed Your Faith

DAILY DECLARATIONS

1. I am a woman of FAITH, free from the captivity of fear.
2. Because I walk by faith, my feet will remain on the path that God has paved for me and I will undoubtedly walk in HIS abundance for my life.
3. I am completely liberated from fear, worry, anxiety, and worst-case scenarios.
4. Great things are happening to me and for me. Faith, instead of failure, is my driving force.
5. Every Word spoken out of my mouth will reflect the limitless possibilities for my entire life.

Feed your Faith

DAILY DECLARATIONS

6. The past is behind me and I am being launched into my destiny; better days are in front of me.

7. I forgive myself for being a victim of my past and being led by previous mistakes. My faith has made me whole!!

8. My name is _____ and I believe in myself!

9. I walk in peace and inherit the goodness of the land I live and travel on.

10. I have yet to see what God has in store for me and I am confident in knowing that God's plan for me will exceed my expectations. I believe.

Feed your Faith

DAILY DECLARATIONS

11. My faith allows me to pivot and take risks. I have great hope in God's plans for my future.

12. Embracing opportunities comes naturally to me. I am positioned to prosper in every aspect of my life.

13. Bold initiatives are developing right before me. My commitment to action is a sign of FAITH activated.

14. I am prepared to be seated among great women and men as my faith is activated and God's sovereignty is revealed in my life.

15. Like the boldness and humble strength of Queen Esther, I stand in my God-given authority by faith to lead, serve and honor my God, family, and my community.

Feed your Faith

DAILY DECLARATIONS

16. Today IS an extraordinary day. I speak it by FAITH!

17. I am a leader that leads and lives by faith.

18. I am walking in faith, favor, and the fullness of God.

19. I devote time to reading and hearing the Word of God.

20. My faith empowers me to stand amid adversity and crisis.



Finances

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Finances

DAILY DECLARATIONS

1. I am wealthy.
2. My bank account reflects my belief; therefore, I build up my mind concerning myself and money.
3. Money is a resource, and I have abundant access to it.
4. Money in my hands is used to uplift, maintain, deliver, and liberate myself, my family, and those connected to me.
5. My money mindset is healthy, and my relationship concerning money is renewed.
6. I control money and I am free from the bondage of money controlling me.
7. Generational wealth will start and continue with me.
8. I have the power as well as discipline to create and maintain money.



Finances

DAILY DECLARATIONS

9. I have the power to create and maintain wealth.
I have the power and discipline to maintain my finances.
10. Budgeting comes naturally to me.
11. I commit to budgeting monthly, according to my pay schedule, or any increase.
12. God is pleased with my ability to maintain the finances God has blessed me with.
13. I am disciplined in my finances, and therefore, I am blessed to give and receive.
14. I am a sower.
15. I operate in overflow concerning money.
16. I am choosing to sow and save in my future, today.

Finances

DAILY DECLARATIONS

17. Every generational curse, every physical and mental struggle concerning finances, money, and wealth is broken, canceled, and finished over my life today in Jesus Name!

18. My name is _____ and I use money strategically.

19. My intent to use money is for purpose and healthy prosperity.

20. I renounce all fear associated with the thoughts of having abundance.

21. My increase is a blessing.

22. Ideas, Inventions, and initiatives are being formed and my money will be a source to fund the vision.

23. Money in my possession will be multiplied to create more for profitable gain and investments

Finances

DAILY DECLARATIONS

24. I strategically purchase goods in my local community to circulate income for small black-owned businesses.

25. I trust you God more than wealth, my bank account, and possessions.

26. It is you, God, who has blessed me to have all of these things. I honor you.

27. Lord, it is you who blesses me to obtain wealth, according to Deuteronomy 8.

28. Money is attracted to me to enhance and uplift the kingdom of God.

29. "The wealth of the wicked is laid up for the just" and therefore I can receive, retain and maintain wealth, income, and finances.

30. I relinquish the false security that comes with being ignorant regarding money, wealth, and personal finance.



Family



1. My family and extended family are blessed by the hand of God.
2. Every provision is met due to God's faithfulness. God always provides for my household.
3. I live as an example of being a God-fearing person driven by faith and Godly principles. My family sees my sincere devotion to God.
4. Spirit of the living God, you are welcome to live in my home - bring peace, favor, love, and order.
5. Generational curses are over, in my life, my family's life, and my children's life.
6. Every lie of satan is canceled and demolished over my life and my household.
7. This house and family stand on the Word of God.
8. The love demonstrated in this house is fueled by my faith in God. God has filled every empty space in my life, and I freely pour out love to others from a place of completeness.

Family

DAILY DECLARATIONS

9. This home is blessed and all who come into this space will be overtaken by the love and peace of God in my life.

10. I am free from all past hurtful, traumatic, and evil experiences connected to my family bloodline.

11. My family and I will love and serve the Lord together.

12. Our family structure is built on cohesiveness, communication, collaboration, and the teachings of Christ.

13. We will love one another, serve one another, and honor each other.

14. God will get the glory out of this family.

15. My family is covered by the blood of Christ.

16. The strength of my family is a result of prayer.

17. As for me and my house, we will serve, love, and seek God in all aspects concerning our family.

18. My family will make a godly impact on the community through service and love.

19. **Love lives here.**



Fitness

Fitness

DAILY DECLARATIONS

1. Active, strong, and energized are the words that describe my fitness identity every day.
2. My muscle and skeletal systems are in agreement.
3. I am blessed from the crown of my head down to my feet, externally and internally.
4. I am disciplined in the area of exercise.
5. Today, I embrace fitness and a healthy lifestyle to invite longevity in my life.
6. My mind is in agreement with daily exercise or movement.
- 7 I commit to building strength and stamina daily.
8. My body is fit and tone, and I can perform at my greatest potential.

Fitness

DAILY DECLARATIONS

9. My body is healthy, whole, and liberated along with my mind.
10. This temple is to be treated holy.
11. I open my mind to understand working out is necessary for the total function of my body.
12. Every part of me is in sync.
13. I breathe the fullness of life in my lungs (breathe deep and exhale 3x).
14. Every muscle, ligament, and tendon function properly.
15. I push past my feelings and do what is appropriate and necessary for my body.
16. My "WHY" is bigger than my excuses.

Fitness

DAILY DECLARATIONS

17. I extend my lifespan and stamina with each step I take today.
18. My fitness routine is challenging me to be a healthier person now for my tomorrow.
19. Every joint and muscle in my body supports stability - I am on the move.
20. I maintain my body's health, vitality, and life because my purpose depends on my health.
21. Gratitude is exercised as often as I breathe.
22. Daily discipline overrides every thought of defeat and failure.
23. I exercise my right to be **FREE** in my body, free of sickness and disease.
24. I purposely press towards progress regarding my fitness goals.
25. The work I put in now positively affects my future. My mind is renewed concerning my health.

Business Declarations

BONUS SECTION

1. This is the day that the Lord has made, and I will rejoice and be glad in it. I am getting up every day with the expectation to show up and win. Concerning business; ideas, techniques, and strategies come naturally to me.
2. I am confident in my decisions and understand that risks are a part of growth. I am a multi-million-dollar earner.
3. Faith instead of failure is my driving force.
4. Wealth is attracted to me. My proposals and marketing techniques attract new clientele willing and ready to invest in my services and or products.
5. I deliver with a smile and standard of excellence. My business is god-inspired. Lord, please Bless my business.
6. I entreat the lord that he would enlarge my territory. (1 Chronicles 4:10)
7. Business contracts are approved and signed.
8. I am booked and blessed because productivity is a godly standard.

Business Declarations

BONUS SECTION

9. My business is bigger than money. My customers and clients are blessed because of my faith in God.
10. My goals are met, and I am intentional about the strategic process.
11. I execute to the highest level. A spirit of excellence is at my core. Everything I do is done for the glory of God according to I Corinthians 10:31
12. Today truly is the day that the Lord has made!

Journal

Use this next section to reflect. Follow the leading of the holy spirit and sit with your thoughts. Take time to listen, and write down prayers and your progress as it relates to your own life concerning the areas of Faith, Family, Finances, and Fitness.

