Soul-Care Scripture Pack

5 Verses for Instant Peace

Psalm 46:10
“Be still and know that I am God.”

Isaiah 26:3
“You will keep in perfect peace those whose minds are steadfast because they trust in You.”

Matthew 11:28
“Come to me, all you who are weary and burdened, and I will give you rest.”

Philippians 4:6–7
“Do not be anxious about anything ... and the peace of God will guard your hearts and minds.”

Psalm 23:1–3
“He restores my soul.”